



Step Up to Better Health
FUN Runs of 2 Miles or 5k
or Walk 2 Miles
Saturday, October 3, 2009-9:00 am
 This event is a collaborative effort benefiting
 Step Up and Greendale Schools.

Pre-register: by September 23, 2009 at Greendale Health Department, Greendale Park & Rec office or any Greendale School District Schools. Registration forms are also available at the Greendale Library.

Pre-registration fees are: \$10 per individual, or \$30 per family (residing at the same address).

Children under 3 yrs are free.

Make checks payable to: Greendale Health Department (Hours: M-F 8:00 a.m.-4:30 p.m.)

5650 Parking Street, Greendale, Wisconsin 53129 / 414-423-2110

Day of Event registration: begins at 8:00 a.m.

Registration, check in and parking at: Greendale High School

6801 Southway, Greendale, Wisconsin 53129

Day-of Event Fees: Individuals \$15, family \$45

Fee includes T-shirt for participants 3yrs and older, special gift for younger participants (T-shirts are guaranteed for **pre-registered** participants only). We will walk/run rain or shine, no refunds will be issued.

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Name(s): _____

Address: _____ City: _____

Zip: _____ Phone: _____ Email address: _____

Emergency Contact: _____
 (Name) (Phone)

T-shirt size (indicate number): (Adult) S _____ M _____ L _____ XL _____ (Child) S _____ M _____ L _____

Indicate what event each person chooses to do: 2 Mile Run _____ 5k Run _____ 2 Mile Walk _____

Which school(s) would you like your registration to benefit (check all that apply)

- Canterbury
- College Park
- Highland View
- Greendale Middle School
- Greendale High School
- Community Member (No school affiliation)

WAIVER: I grant permission for the organizer to use all photographs or any other record of this event for any legitimate purpose. Participants under 18 years of age must have a waiver signed by a parent or guardian. ***Participants under the age of 12 must be accompanied by an adult.***

 (Signature of Entrant) (Date)

 (Signature of Parent or Legal Guardian if under 18) (Date)